

BHARATHIDASAN UNIVERSITY

FOREWORD



I am happy to know that the World Community Service Centre founded by Vethathiri Maharishi is rendering great service to the community. The educational wing of the Centre, Vethathiri Maharishi Institute for Spiritual and Intuitional Education (VISION), is conducting the Certificate Course (Full time / Part time), Diploma (Full time / Part time) programmes in Yoga for Human Excellence. Learning and Practicing Yoga by students would help them to acquire Physical health, Mental acuteness, strength of Life force and Wisdom. Overall, this Yoga programme will be of immense help to achieve holistic health for humanity. I convey my best wishes to the VISION Centre for the successful conduct of the Programmes.

Dr. K. Meena
Vice-Chancellor

FROM THE DIRECTOR - ACADEMY, VISION for Wisdom

Dr. K. Perumal
Director-Academy
VISION for Wisdom

Dear Students, Ladies and Gentlemen,

Be blessed by the Divine Power.

Congratulations for having selected the course in Yoga for Human Excellence.

Vethathiri Maharishi's Spiritual thoughts are highly scientific but easily conceivable. His Philosophy reveals the secrets of Nature so simply that even a common man can understand them easily.

Vethathiri Maharishi wanted every man to understand the importance of discipline and the laws of Nature. That's why VISION established by him has designed courses fit for all levels and is conducting them in collaboration with Universities.

The quality of the mind determines the quality of the man. Mind is the collective form of the arising thoughts. Good thoughts, words, deeds and other virtues would prevail among the students after the completion of the courses.

The Prospectus consists of almost all the details regarding the courses, examination patterns etc., for your guidance.

Wishing you all Success.


(Dr. K. Perumal)

1. PROFILE OF THE INSTITUTE

BHARATHIDASAN UNIVERSITY

Bharathidasan University established in February, 1982 and was named after the great revolutionary Tamil Poet, Bharathidasan (1891-1968). The motto of the University "We will create a brave new world" has been framed from Bharathidasan's poetic words 'புதியதோர் உலகம் செய்வோம்'. The University endeavours to be true to such a vision by creating in the region a brave new world of academic innovation for social change". (NAAC - 2005, p.69) The year 2006-07 is the Silver Jubilee year for this great and vibrant University.

The campus is located in a sprawling area of over 1000 acres of land on the Tiruchirappalli - Pudukottai Highway (NH 210). Besides this main campus, there is a city campus at Khajamalai housing Department of Economics, Department of Education Technology, Department of Computer Science, the Institute for Entrepreneurship and Career Development (IECD), the Bharathidasan University Technology Park (BUTP) and a few more Departments. The Bharathidasan Institute of Management (BIM) is located in the B.H.E.L. Campus, with whose partnership; the BIM has emerged as one of the top Business Schools of the Country.

The affiliating jurisdiction is over 7 Districts with 104 Arts & Science and Fine Arts Colleges and 13 Approved Institutions. Eighteen of the affiliated colleges are autonomous. Among the affiliated colleges, more than 50% are offering PG programmes and 25% are offering M.Phil/Ph.D. programmes. A good number of them are nationally recognized for quality education. The programmes offered through affiliated colleges are so diversified that they number more than 250. The student strength in the affiliated colleges is over 1.50 lakhs.

VETHATHIRI MAHARISHI INSTITUTE FOR SPIRITUAL AND INTUITIONAL EDUCATION

The Vethathiri Maharishi Institute for Spiritual and Intuitional Education (popularly known as VISION for Wisdom) was established in 2004 at Aliyar by Thathuvagnani Vethathiri Maharishi. This Institute is the Educational Wing of the World Community Service Centre which was established by him in 1958 at Chennai. It is registered under Tamilnadu Society Registration Act. It has SKY Trusts and Centres throughout the World and they are serving the society globally.

◆ The academic year begins from July every year and closes by June in the subsequent year.

◆ The total curriculum comprises,

(i) for Certificate Course (Full time) : 3 Subjects

(ii) for Certificate Course (Part time) : 3 Subjects

(iii) for Diploma (Full time) : 6 Subjects

(iv) for Diploma (Part time) (Three Subjects per year) : 6 Subjects

◆ Medium of Instruction is Tamil / English.

TIME SCHEDULE UNDER LEARNING CENTRE MODE

COURSE	No. of Days / Week	No. of Hours / Day	No. of Days / Year	No. of Hours / Year
Certificate Course (Full time)	3	3	20	$3 \times 3 \times 20 = 180$
Certificate Course (Part time)	2	2	40	$2 \times 2 \times 40 = 160$
Diploma (Full time)	3	3	40	$3 \times 3 \times 40 = 360$
Diploma (Part Time) 2 Years	2	2	40	$2 \times 2 \times 40 \times 2 = 320$

◆ Class hours : 3 hours per day.

Meditation : ½ hour

Exercise : 1 hour

Lecture : 1 hour

Discussion : ½ hour

◆ The total attendance includes regular classes, common study centre classes and Personal Contact Program at Aliyar.

DIPLOMA (Part time) 2 YEAR

PAPER	SUBJECT TITLE	CODE
Paper 4	குணநலப்பேறும், சமுதாய நலனும் (Sublimation and Social Welfare)	DYHE 03
Paper 5	இறைஞானமும் முழுமைப்பேறும் (Science of Divinity and perfection of consciousness)	DYHE 04
Paper 6	யோகப் பயிற்சிகள்-2 (Yoga Practices-2)	DYHE 6P

All the courses in Yoga for Human Excellence deal mainly with (i) the secrets of nature and (ii) the virtuous way of life in tune with the Law of Nature.

A systematic and clearly defined training will be given to the students as below

- * To improve physical health through Simplified Physical Exercises.
- * To retard the ageing process through Kaya Kalpa Exercises.
- * To keep the mind in peace, creativity, perspicacity, adaptability, magnanimity and receptivity through Simplified Kundalini Yoga (SKY).
- * To analyze the thoughts, moralize the desires, neutralize the anger and eradicate the worries through Introspection.
- * To realize the self and finally the Truth through understanding the science of Divinity and Meditation.

5. GENERAL INFORMATION

The Directorate of VISION for Wisdom is located in the Temple of Consciousness campus at Aliyar which is about 25 km from Pollachi en-route to Valparai.

The office of VISION for Wisdom functions from 09.30 am to 06.00 pm all through the week except Sundays. The Institute at Aliyar may be contacted for any further information. Phone No. 04253 – 288 645, 288 745, 288 845.

1. ADMISSION PROCEDURE

- (i) Application forms will be available from May onwards at VISION Education Centres.
- (ii) The last date for receipt of filled in applications at the centres : 15th June
- (iii) Last date for receipt of verified applications and fees from
Zonal Executive officers at the VISION Office, Aliyar : 20th June .
- (iv) Last date for submission of applications to University after verification at Aliyar : 30th June.
- (v) Date of commencement of the courses : 1st July.

Application forms can be downloaded from the web-site or can be obtained together with the Prospectus from all VISION education centres by paying Rs.100/- in person.

Application forms must be filled in correctly and neatly after reading the prospectus thoroughly. The candidate must fill in the application by his/her own hand writing.

Application forms submitted must be accompanied by attested copies of the following certificates.

		Diploma (F.T.)	Diploma (P.T.)	Certificate
1. Mark sheet	-	Yes	Yes	-
2. Transfer certificate	-	Yes	Yes	Yes
3. Original Certificates have to be produced at the time of verification.				

5. IDENTITY CARD

An identity card (ID) will be issued at the time of admission. This is valid for the entire duration of the course. The student will be permitted to attend the Personal Contact Program (Theory and Practical classes) only on production of this ID card.

- * Hall tickets for the University Examinations will be issued by the Zonal Executive officers only on production of this ID card.
- * Students are advised to keep the ID card carefully as it provides proof of their bonafide student status.
- * In case of loss of the ID card, a Duplicate will be issued on a written request accompanied by a fee of Rs.100/- (by Demand Draft) along with a recent stamp size photograph.
- * However, students who have completed the duration of the course will be issued a bonafide certificate for the purpose of appearing in the Supplementary Examination.

6. ORIGINAL CERTIFICATE

On receipt of intimation from University the Originals will be collected and will be returned after verification through Zonal Executive officers.

7. COURSE CERTIFICATE

The identity card is the proof of the bonafide student status. A course certificate will also be issued by the Directorate, to the student on specific request.

8. SYLLABUS AND SUPPORTIVE STUDY MATERIALS

The relevant copy of the syllabus will be issued to the student on the commencement of the course.

Supportive study materials / text books will be supplied by VISION for Wisdom at the respective study centres on production of the ID card. The study centres will receive the study materials / text books from Vethathiri Publications, Erode and distribute them to the students.

11.2 SPIRITUAL DIARY

- * Physical Exercise, Meditation, Lamp / Mirror Gazing, Kayakalpa Exercise, Mounam and Introspection practices done and entered in the Spiritual Diary carry 12.5% as continuous internal assessment marks. Both of them put together carry 25% as continuous internal assessment marks(CIA).

12. UNIVERSITY EXAMINATION (U.E.)

- * WCSC - VISION, Aliyar will collect application forms for University Examinations from the University and forward them to the Zonal Executive officers.
 - * Zonal Executive officers will distribute the forms to the students in the centres.
 - * Zonal Executive officers will collect Exam fees and filled applications for the examinations and send them to WCSC-VISION, Aliyar.
 - * WCSC - VISION, Aliyar will send the Exam application forms and fees to University.
 - * WCSC - VISION, Aliyar will inform the Examination schedule indicated by University.
 - * WCSC - VISION, Aliyar will send the Hall tickets to Zonal Executive officers for issuing to the students.
- a) Normally the examinations are conducted during May / June every year at the major study centres. However, the Directorate may conduct examinations in some other centres in future.
 - b) Students enrolled in the courses which are conducted under annual pattern will have their annual examinations in May / June.
 - c) Students will not normally be permitted to change the examination centre once their examination applications are submitted.
 - d) All examinations will normally be held continuously and the duration for each written paper is 3 hours.
 - e) Students appearing for the examinations for the first time should register his / her name for all subjects by remitting the prescribed fees.

Section - A (10 x 2 = 20) - Each answer should be within 50 words.

Section - B (5 x 5 = 25) - 'Either Or' pattern - Answer to each Question should be within 200 words.

Section - C (3 x 10 = 30) - Answer any three out of five; answer to each Question should be within 800 words.

16. PROVISIONAL CERTIFICATE

On successful completion of all the prescribed papers and qualifying for the Certificate or Diploma, Provisional certificate will be sent along with a Final statement of marks directly to the students by the Controller of Examinations through VISION for Wisdom.

17. CONSOLIDATED STATEMENT OF MARKS AND OTHER CERTIFICATES

Students who have obtained the Provisional Certificates may obtain Consolidated statements of marks, Diploma certificate and Migration certificate (if required) by applying to the Controller of Examinations in the prescribed forms along with the requisite fees.

18. DIPLOMA CERTIFICATE

Diploma certificates of successful students can be obtained from the Controller of Examinations through VISION for Wisdom by applying in the prescribed application form for Convocation along with the requisite fee.

19. CORRECTION

In case any certificate issued by the Controller of Examinations has incorrect particulars, spelling mistakes etc., the same should be brought to the notice of the Controller of Examinations through VISION for Wisdom within 10 days of the receipt of the concerned certificate. Belated request for correction will not be entertained.

20. DUPLICATE CERTIFICATES

Duplicate copies of Statement of marks, Consolidated Statement of Marks, Provisional Certificate, Diploma Certificate, Migration Certificate, etc., may also be obtained by applying to the Controller of Examination Only.